

## Youth Resilience Survey Grades 6-8

*This survey asks about positive things that help people overcome stress and challenges. It is completely voluntary. If you do not want to answer a question, click "Prefer not to answer". We would like your honest opinions. There are no right or wrong answers.*

*There are many ways to think about words like family and community. Please think of the words in ways that are meaningful to you. Choose one answer for each statement.*

	No	Sometimes	Yes	Prefer not to answer
1. I have people I want to be like	No	Sometimes	Yes	
2. Getting an education is important to me	No	Sometimes	Yes	
3. I feel that my parent(s)/ caregiver(s) know a lot about me (for example, who my friends are, what I like to do)	No	Sometimes	Yes	
4. I try to finish activities that I start	No	Sometimes	Yes	
5. When things don't go my way, I can fix it without hurting myself or other people (for example hitting others or saying nasty things)	No	Sometimes	Yes	
6. I know where to go to get help	No	Sometimes	Yes	
7. I feel that I belong at my school	No	Sometimes	Yes	
8. I think my family cares about me when times are hard (for example if I am sick or have done something wrong)	No	Sometimes	Yes	
9. I think my friends care about me when times are hard (for example if I am sick or have done something wrong)	No	Sometimes	Yes	
10. I am treated fairly	No	Sometimes	Yes	
11. I have chances to learn things that will be useful when I am older (like cooking, working, and helping others)	No	Sometimes	Yes	
12. I like the way my community celebrates things (like holidays, festivals)	No	Sometimes	Yes	

13. How many adults live at home with you?

Circle one:

0    1    2    3    4 or more

**Grade in school:** 6th    7th    8th

**Name of School:**

14. How many children live at home with you?

Circle one:

0    1    2    3    4 or more

TRACEs  
of Central Oregon