

Youth Resilience Survey Grade 5

This survey asks about positive things that help people overcome stress and challenges. There are no right or wrong answers. It is completely voluntary. We would like your honest opinions. If you do not feel comfortable answering a question you can skip it.

There are many ways to think about words like family and community. Please think of the words in ways that are meaningful to you. Choose one answer for each statement. Thank you!

	No	Sometimes	Yes	Prefer not to answer
1. I have people I want to be like	No	Sometimes	Yes	
2. Getting an education is important to me	No	Sometimes	Yes	
3. I feel that my parent(s)/ caregiver(s) know a lot about me (for example, who my friends are, what I like to do)	No	Sometimes	Yes	
4. I try to finish activities that I start	No	Sometimes	Yes	
5. When things don't go my way, I can fix it without hurting myself or other people (for example hitting others or saying nasty things)	No	Sometimes	Yes	
6. I know where to go to get help	No	Sometimes	Yes	
7. I feel that I belong at my school	No	Sometimes	Yes	
8. I think my family cares about me when times are hard (for example if I am sick or have done something wrong)	No	Sometimes	Yes	
9. I think my friends care about me when times are hard (for example if I am sick or have done something wrong)	No	Sometimes	Yes	
10. I am treated fairly	No	Sometimes	Yes	
11. I have chances to learn things that will be useful when I am older (like cooking, working, and helping others)	No	Sometimes	Yes	
12. I like the way my community celebrates things (like holidays, festivals)	No	Sometimes	Yes	

13. How many adults live at home with you?

Circle one:

0 1 2 3 4 or more

14. How many children live at home with you?

Circle one:

0 1 2 3 4 or more

School Name: Barnes Butte Brothers

Crooked River PowellButte Charter Paulina

Grade: 5th

TRACES
of Central Oregon