

Dear Parents and Guardians of Crook County School District Students,

We are excited to announce that Crook County School District has received a prestigious national grant called “Healthy Schools, Healthy Communities”. Through this grant, CCSD will receive \$300,000 to expand counseling staff at both the elementary and secondary levels in an effort to create *healthier school environments for all students*. In addition, district staff will receive training on how to better support positive mental health in students, especially those that have experienced adverse childhood experiences, or ACEs. Mental health and positive youth development have risen as important needs for youth across the country, and we are excited to emphasize this aspect of health for students in Crook County.

We will be partnering with Better Together (information here: <http://bettertogethercentraloregon.org/>) and OSU-Cascades (information here: <https://osucascades.edu/>) to learn how the additional counseling support and staff training actually provide a better quality of life, mental health, and school outcomes for our students. To develop a baseline, we will administer a survey to all CCSD students before the end of this school year. The survey is called the Child and Youth Resilience Measure. It is a research validated survey that assess factors such as belief in one’s self, positive relationships, and belonging in one’s community. It will take most students 15-30 minutes to complete. Students are expected to take the survey sometime between May 29th and the last day of school.

In keeping with CCSD policy, we are giving parents options regarding the survey. The first option is to preview the survey that we intend to administer to your student. The survey is grade specific to adhere to the developmental needs of students. You can find links to preview each of the surveys here:

- [Kindergarten through 2nd grade survey](#)
- [3rd through 4th grade survey](#)
- [5th grade survey](#)
- [6th through 8th grade survey](#)
- [high school survey](#)

Parents should note that students have the ability to skip any question that makes them uncomfortable or which they are unsure how to respond. In addition, parents have the option to opt-out their students from participation in the survey. Teachers will find alternative activities for these students during the survey process. If you wish that your student not participate in the Child and Youth Resilience survey, simply contact your school administrator and let them know.

We hope this information and study will help us determine how these additional counseling supports and staff trainings are helping create healthier schools for our students and families. The data and student information will be kept completely confidential and will not be shared with anyone outside the district or our partners. If you have any question about the survey or the implementation of the survey, contact your school administrator, or call the Director of Curriculum and Special Programs, Stacy Smith, at 541-447-5664.