

## Child Resilience Survey Grades 3-4 Culture of Care

This survey asks about positive things that help people overcome stress and challenges. There are no right or wrong answers. It is completely voluntary. We would like your honest answers. If you do not feel comfortable answering a question you can skip it. There are many ways to think about words like family and community. Please think of the words in ways that are meaningful to you. Choose one answer for each statement. Thank you!

<i>Please enter your information:</i>	School Name	
	Grade (3 <sup>rd</sup> or 4 <sup>th</sup> )	

Questions	Answers			
1. Do you have people you want to be like?	No	Sometimes	Yes	Prefer not to answer
2. Is doing well in school important to you?	No	Sometimes	Yes	Prefer not to answer
3. Do you feel that your parent(s)/caregiver(s) know a lot about you (for example, what makes you happy, what makes you scared)?	No	Sometimes	Yes	Prefer not to answer
4. Do you try to finish activities that you start?	No	Sometimes	Yes	Prefer not to answer
5. When things don't go your way, can you fix it without hurting yourself or other people (for example, without hitting others or saying nasty things)?	No	Sometimes	Yes	Prefer not to answer
6. Do you know where to go to get help?	No	Sometimes	Yes	Prefer not to answer
7. Do you feel you fit in with other children?	No	Sometimes	Yes	Prefer not to answer
8. Do you think your family cares about you when times are hard (for example, if you are sick or have done something wrong)?	No	Sometimes	Yes	Prefer not to answer
9. Do you think your friends care about you when times are hard (for example if you are sick or have done something wrong)?	No	Sometimes	Yes	Prefer not to answer
10. Are you treated fairly?	No	Sometimes	Yes	Prefer not to answer
11. Do you have chances to show others that you are growing up and can do things by yourself?	No	Sometimes	Yes	Prefer not to answer
12. Do you like the way your family celebrates things (like holidays or learning about your culture)?	No	Sometimes	Yes	Prefer not to answer

13. How many adults are in your life that truly care about you? (these might be people like family, coaches, mentors, neighbors, others) *Circle one:*

None right now    1    2    3    4 or more

14. Do you sleep at the same place most nights?  
*Circle one:*

Yes                      No                      Prefer not to answer

15. Which of these do you do outside of class? (Check all that apply):

- Art     Camps     Clubs     Cultural Activities
- Dance/Movement     Hang out with Friends
- Martial Arts     Music     Mentor or Buddy programs
- Social Justice/Activism     Sports
- Spiritual/Religious Groups     Volunteering
- Youth Group or Association
- Other (please specify): \_\_\_\_\_

