

Child Resilience Survey Grades 6-8

Culture of Care

This survey asks about positive things that help people overcome stress and challenges. There are no right or wrong answers. It is completely voluntary. We would like your honest answers. If you do not feel comfortable answering a question you can skip it. There are many ways to think about words like *family* and *community*. Please think of the words in ways that are meaningful to you. Choose one answer for each statement. Thank you!

<i>Please enter your information:</i>	School Name	
	Grade	

	Responses			
1. I have people I want to be like	No	Sometimes	Yes	Prefer not to answer
2. Getting an education is important to me	No	Sometimes	Yes	Prefer not to answer
3. I feel that my parent(s)/ caregiver(s) know a lot about me (for example, who my friends are, what I like to do)	No	Sometimes	Yes	Prefer not to answer
4. I try to finish activities that I start	No	Sometimes	Yes	Prefer not to answer
5. When things don't go my way, I can fix it without hurting myself or other people (for example hitting others or saying nasty things)	No	Sometimes	Yes	Prefer not to answer
6. I know where to go to get help	No	Sometimes	Yes	Prefer not to answer
7. I feel that I belong at my school	No	Sometimes	Yes	Prefer not to answer
8. I think my family cares about me when times are hard (for example if I am sick or have done something wrong)	No	Sometimes	Yes	Prefer not to answer
9. I think my friends care about me when times are hard (for example if I am sick or have done something wrong)	No	Sometimes	Yes	Prefer not to answer
10. I am treated fairly	No	Sometimes	Yes	Prefer not to answer
11. I have chances to learn things that will be useful when I am older (like cooking, working, and helping others)	No	Sometimes	Yes	Prefer not to answer
12. I like the way my community celebrates things (like holidays, festivals)	No	Sometimes	Yes	Prefer not to answer

13. How many adults are in your life that truly care about you? (this might be people like family, coaches, mentors, neighbors, others) *Circle one:*

None right now 1 2 3 4 or more

14. Do you sleep at the same place most nights?
Circle one:

Yes No Prefer not to answer

15. Which of these do you do outside of class? *Check all that apply:*

- Art Camps Clubs Cultural Activities
- Dance/Movement Hang out with Friends
- Martial Arts Music Mentor or Buddy programs
- Social Justice/Activism Sports
- Spiritual/Religious Groups Volunteering
- Youth Group or Association
- Other (please specify): _____