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Make kindness normal

Make kindness normal. Be a good listener. Compliment people. These are some of the lessons CharacterStrong speaker Esteban Gast taught middle and high school students this week. He shared his story of being born in Puerto Rico and moving to Chicago in second grade – not knowing how to speak English. One classmate’s kindness made a difference in his young life. Esteban encouraged students to be kind – even though it takes more effort than just being nice.



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